

DRAIN CARE

GENERAL INSTRUCTIONS

- Always wash your hands before handling your drain or supplies.
- Empty drain and record output twice daily and/or if drain is full.
- Strip the drain tube twice daily.
- The drain should always be compressed. If it will not stay compressed call your doctor during office hours.
- If the drain is rapidly filling with blood, call your doctor immediately.
- If the drain falls out, put a dressing on the drain site and call your doctor during office hours.
- Never remove the tubing from the drain.
- Never rinse the drain bulb with water or any other fluid.
- When drain output is less than 30cc/24h call the office to make an appointment for drain removal.

HOW TO APPLY YOUR DRAIN DRESSING

- GENTLY REMOVE OLD DRESSING
- PUT ANTIBIOTIC OINTMENT ON YOUR SKIN WHERE THE DRAIN ENTERS
- PLACE GAUZE UNDER DRAIN
- SECURE WITH PAPER TAPE OR TEGADERM

HOW TO STRIP/MILK THE DRAIN

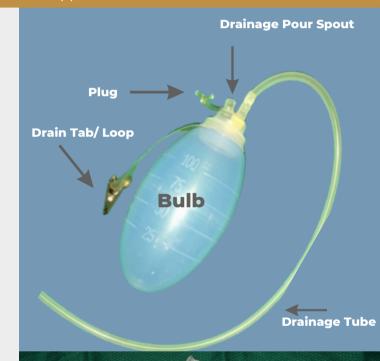
- HOLD TUBE FIRMLY WITH ONE HAND CLOSE TO WHERE IT ENTERS YOUR BODY
- WITH THE OTHER HAND, SQUEEZE THE TUBE CONTENTS DOWN TOWARD THE BULB (LIKE SQUEEZING TOOTHPASTE OUT OF A TUBE)

HOW TO EMPTY THE DRAIN

- REMOVE PLUG FROM DRAINAGE POUR SPOUT
- TURN BULB UPSIDE DOWN
- SQUEEZE FLUID INTO MEASURING CUP
- COMPRESS BULB (SQUEEZE IT FLAT)
- REPLACE PLUG INTO DRAINAGE POUR SPOUT
- RECORD OUTPUT IN ML ON YOUR DRAIN LOG
- FLUSH FLUID DOWN SINK OR TOILET

SUPPLIES

- [] GAUZE (1)
- [] MEPILEX AG (2)
- [] ANTIBIOTIC OINTMENT (3)
- PAPER TAPE (4)
- []TEGADERM (5)
- [] SCISSORS (6)
- [] ALCOHOL SWABS (7)
- [] MEASURING CUP (8)









DRAIN LOG



RECORD OUTPUT IN ML OR CC

DATE	TIME	DRAIN 1	DRAIN 2	DRAIN 3	DRAIN 4
OUTPUT TOTAL FO	OR 24 HOURS				
OUTPUT TOTAL FOR 24 HOURS					
OUTPUT TOTAL FOR 24 HOURS					
OUTPUT TOTAL FOR 24 HOURS					
OUTPUT TOTAL FOR 24 HOURS					
OUTPUT TOTAL FOR 24 HOURS					
OUTPUT TOTAL FOR 24 HOURS					

